

VEGETARIAN MENU

STARTERS

NACHOS £4.95 {VG}
Topped with onions, jalapeños & Monterey jack cheese

CREAMY GARLIC MUSHROOMS £4.95
Button mushrooms in a creamy garlic sauce on toasted ciabatta

BATTERED GARLIC MUSHROOMS £4.95
Lightly battered mushrooms served with hot garlic butter

OLIVES & HOUMOUS £5.50 {VG}
Marinated olives served with houmous & flat bread

CRISPY POTATO SKINS £4.95 {VG}
With garlic or bbq dip

BRUSCHETTA £4.95 {VG}
Toasted and topped with onions, tomato & Mozzarella, drizzled with balsamic

GARLIC BREAD £5.95 {VG}
Pizza base with tomato, cheese & garlic

MAINS

VEGETARIAN ARRABIATA £8.95 {VG}
A spicy chilli, tomato & garlic sauce with peppers, onions, mushroom, veggie chorizo & olives

TORTELLINI GRATANATI £9.95
Pasta shells filled with spinach & ricotta with a creamy garlic, cheese and mustard sauce. Topped with cheese then oven baked

VEGETARIAN ALFREDO £9.95
Penne pasta in a cream sauce with peppers, onions, mushroom, broccoli & cheddar cheese

VEGETABLE FAJITAS £11.95 {VG}
Seasonal vegetables, peppers, onions & mushrooms dusted with fajita spices and served on a hot skillet. With tortillas, salsa, guacamole, sour cream & grated cheddar

VEGETARIAN PARMESAN £9.95
A southern fried Quorn escalope, topped with bechamel & cheese then lightly grilled

VEGETARIAN HOTSHOT PARMESAN £10.95
A southern fried Quorn escalope, topped with bechamel sauce, spiced vegetarian sausage jalapeños & cheese then lightly grilled

VEGETARIAN MARASHALA £9.95
A Quorn escalope, topped with cheese in our tomato, white wine & cream sauce

VEGETARIAN ZACHAROFF £9.95
A Quorn escalope, served with a creamy tomato sauce with mushrooms, onions & peppers

HALLOUMI KEBAB £14.95
Halloumi, onions, courgettes, peppers & tomatoes, served with your choice of sauce: Teriyaki / sweet chilli / garlic butter / JD / Louisiana hot sauce. Served with chunky chips, tzatziki, Greek salad & flat bread.

VEGGIE KEBAB £14.95 {VG}
Peppers, onions, courgettes, mushroom & tomatoes, served with your choice of sauce: Teriyaki / sweet chilli / garlic butter / JD / Louisiana hot sauce. Served with chunky chips, tzatziki, Greek salad & flat bread.

VEGGIE BURGER £9.95
1/4 pound veggie burger topped with your choice of CP's Original cheese sauce, blue, cheddar or Monterey Jack. Served in a toasted bun with sliced tomato, red onion, pickles and chunky chips.

QUORN CHICKEN BURGER £9.95
A southern fried Quorn escalope, topped with your choice of CP's Original cheese sauce, blue, cheddar or Monterey Jack. Served in a toasted bun with sliced tomato, red onion, pickles and chunky chips.

MARGHERITA £8.95
Tomato, Mozzarella & olive oil

VEGGIE PIZZA £9.95 {VG}
Tomato, Mozzarella, sweet peppers, mushrooms, red onions, fresh tomato & basil.

FUNGHI £10.95 {VG}
Tomato, Mozzarella & mushrooms

VEGETARIAN CALZONE
Folded pizza stuffed with Mozzarella, mushrooms & onion. Served with tomato sauce

{VG}

THESE DISHES CAN BE ADAPTED TO A VEGAN DIET

CENTRAL PARK

GLUTEN FREE MENU



STARTERS

OLIVE & HOUMOUS	5.50
NACHOS	4.95
LOADED NACHOS (chicken or pulled pork)	5.95
KING PRAWNS IN GARLIC BUTTER	6.95
MOULES MARINIÈRE	6.95
1/2 RACK RIBS	4.95
CRISPY POTATO SKINS WITH GARLIC OR BBQ DIP	4.95
CHICKEN WINGS (jack daniels, bbq or louisiana hot sauce)	5.95

CHICKEN

HICKORY CHICKEN	13.95
CHAR GRILLED CHICKEN	12.95
GRILLED CHICKEN & CHORIZO SALAD	13.95
NAKED CHICKEN BURGER	11.95

SEAFOOD

SALMON STEAK	14.95
POACHED SALMON SALAD	14.95
CAJUN SALMON	16.95
MOULES & FRITES	14.50
KING PRAWNS IN GARLIC BUTTER	16.95
SEABASS	15.95

STEAKS

served with roasties* or GF fries & salad or vegetables

BLACKENED STEAK SALAD	13.95
BLACKENED STEAK	24.00
10 ^{0Z} SIRLOIN	22.00
10 ^{0Z} FILLET	27.00
10 ^{0Z} BLUE MOUNTAIN STEAK	24.00
T-BONE STEAK	32.00
SURF & TURF	30.00

**Please note that roasties & chunky chips are par fried in oil with produits containing gluten unless we have 12 hours notice*

PASTA

Any pasta from the pasta menu with gluten free penne. Excludes tortellini bolognese & gratinati and lasagne

PIZZA

Any pizza from the pizza menu, made with gluten free pizza base.
Excludes calzone & veggie calzone

BURGERS

Served in a toasted gluten free bun with sliced tomato, lettuce, red onion, pickles with chunky chips*

Choose any classic burger from main menu.
Excludes chicken & veggie burgers

KEBABS

Served with gluten free bread, Greek salad, chunky chips* and a choice of garlic butter, garlic mayonnaise, sweet chilli, BBQ, Jack Daniels or Louisiana hot sauce.

choose from: chicken / beef / mixed halloumi or veggie

PARMESANS

Please note, we require a minimum of 12 hours notice if you would like a gluten free parmesan.

A gluten free version of any parmesan from the main menu.

RIBS & WINGS

Served with your choice of two sides, GF fries, roasties*, coleslaw, corn on the cob & potato skins filled with sour cream & cheese.

BABY BACK RIBS	half 9.95 / full 16.95
RIBS / PULLED PORK	14.95
RIBS / WINGS	14.95

EXTRAS

roasties* / chunky chips* 2.75
sweet potato fries 2.75 / mushrooms 2.75
coleslaw 1.95 / gf fries 2.75

DESSERTS

CRÈME BRÛLÉE	5.95
ETON MESS	5.95
HOMEMADE CHEESECAKE	5.95

ask staff for todays special !