

CAFE
CENTRAL PARK
BAR & RESTAURANT
est. 1979

SUNDAY LUNCH

12:00 - 3:00 PM



ONE COURSE - £17.95

TWO COURSE - £21.95

THREE COURSE - £25.95

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STARTERS

BREAD & OLIVES <i>Focaccia bread and mixed olives</i>	6.95
PRAWN COCKTAIL (GF*) <i>Steamed king prawns, served on bloody mary sauce & crisp salad</i>	9.95
SOUP OF THE DAY <i>All the best from the chef's stockpot!</i>	5.95
GARLIC MUSHROOMS (V) <i>Button mushrooms in a creamy garlic sauce with crusty bread, finished with fresh parsley</i>	7.50
POTATO SKINS (V) (GF) (VE*) <i>Crispy fried potato skins, served with garlic or BBQ dip</i>	6.50
HALLOUMI FRIES (V) <i>Breaded halloumi sticks, served with a sweet chilli & soured cream dip</i>	8.95

MAIN COURSE

All our roasts are served with creamed mash, root mash, roast carrot, roasted potatoes, seasonal greens, Yorkshire pudding, house pigs in blankets and meat stuffing, finished with pan gravy.

GRAND RESERVE ROAST SIRLOIN OF BEEF (GF*) <i>Served pink</i>	
ROAST LOIN OF PORK with crackling (GF*)	
ROAST CHICKEN with stuffing (GF*) <i>Pan roast chicken supreme with skin and on the bone (Ask if you like it without bone)</i>	
NUT ROAST OF THE DAY (V) (GF*) <i>Vegetarian Nut Roast with lentils and mixed nuts, served with vegetable gravy</i>	
CHILDREN'S ROAST [under 11's] (GF*) <i>Choice of Beef, Pork or Chicken</i>	10.95
TRIO OF MEATS (GF*) <i>Cuts of Beef, Pork & Chicken</i>	+ 3.00
CAULIFLOWER CHEESE	3.95

DESSERTS

BANANA MC TOFFEE <i>A firm Favourite for over 20 years! Crunchy biscuit base topped with thick toffee sauce, fresh banana & whipped cream</i>	LEMON TART <i>A refreshing and tangy homemade lemon tart with a buttery crust. Presented with dried flowers and drizzled with lemon curd. Served with ice cream</i>
STICKY TOFFEE PUDDING <i>Our homemade version of this irresistible dessert. Packed with juicy dates & covered with lashings of our homemade toffee sauce. Served with double cream or vanilla ice cream</i>	CRUMBLE OF THE DAY <i>Our homemade crumble topped with a soft and crunchy crumble topping. Served with your choice of vanilla ice cream or custard. Ask the staff member for crumble of the day</i>
CHOCOLATE FUDGE CAKE <i>Melt in the mouth, rich chocolate sponge with a decadent fudge topping. Served with your choice of double cream, vanilla ice cream or custard</i>	CHEESECAKE OF THE DAY <i>Crumbly biscuit base topped with homemade cheesecake. Finished with the special topping. Served with cream or ice cream Ask the staff member for cheesecake of the day</i>

All our desserts are £7.50

(V) VEGETARIAN / (GF) GLUTEN FREE

(VE*) VEGAN ALTERNATIVE AVAILABLE / (GF*) GLUTEN FREE ALTERNATIVE AVAILABLE

DISHES FROM OUR NORMAL MENU

THE HOME OF THE PARMESAN

All our parmesan served with your choice of fries or roast potatoes & salad or vegetables

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ORIGINAL PARMESAN <i>Breadcrumbs chicken breast OR pork fillet, deep fried, topped with bechamel sauce & cheddar cheese</i>	14.95	18.95
HOTSHOT PARMESAN <i>Original chicken OR pork parmesan with a spicy topping, finished with pepperoni & jalapenos</i>	16.95	19.95
ZACHAROFF (V*) <i>Breadcrumbs chicken breast OR pork fillet, deep fried & topped with a creamy tomato sauce with garlic, mushrooms, onions & peppers</i>	16.95	19.95
CHICKEN MARASHALA (V*) <i>Breadcrumbs chicken breast topped with cheese & covered in our classic creamy tomato & white wine sauce</i>	16.95	19.95
PULLED PORK PARMESAN <i>Original chicken OR pork parmesan topped with our slow cooked BBQ pulled pork</i>	16.95	19.95
PARMO / TAGLIATELLE BOLOGNESE <i>An old favourite! 1/2 parmesan on one side & our delicious tagliatelle bolognese on the other</i>	21.95	
PARMO / RIBS <i>1/2 parmesan on one side & 1/2 a rack of our tender BBQ ribs on the other</i>	25.95	

make any of the above a hotshot for **£1** extra

PIZZA ! PIZZA !

MARGHERITA (V) (VE*) <i>Tomato, mozzarella, basil</i>	13.95
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make your own custom pizza by adding any of the toppings below for **£2.00** extra
pepperoni / chicken / pesto / mushrooms / peppers
onions / nduja / ham / jalapenos / bolognese

BURGERS

Served in a toasted seeded brioche bun with chunky chips
(Gluten free buns available)

CLASSIC BEEF BURGER <i>Two handmade 4oz beef patties with lettuce & homemade burger sauce</i>	15.95
CLASSIC CHICKEN BURGER <i>Crispy buttermilk fried chicken topped with lettuce & mayo</i>	15.95

make your own custom burger by adding any two of the toppings below for **free**
cheese / bacon / pulled pork



HOUSE SPECIAL

PEPPERED CHICKEN <i>Succulent grilled chicken breast topped with our homemade peppered sauce, served with rice OR roast potatoes</i>	18.50
CHICKEN HENRY VIII <i>Chicken breast in a creamy curry sauce with peppers & pineapple, served with rice OR roast potatoes</i>	18.95
CHICKEN DIANE <i>Chicken breast topped with a rich red wine, French mustard, onion & mushroom sauce, served with rice OR roast potatoes</i>	18.50
HADDOCK & CHIPS <i>Fresh haddock in a homemade batter, fried until golden & served with chunky chips & mushy peas</i>	18.95

THE SMOKING OVEN

Our house speciality from oak burning smoke pit

	half slab	full slab
BABY BACK RIBS <i>sweet, tender pork ribs smoked low & slow, smothered in BBQ sauce</i>	16.50	23.50
RIBS & WINGS <i>Half rack of sweet, tender pork ribs, smothered in BBQ sauce, served with a portion of chicken wings</i>	21.95	

Choose two sides to compliment your dish

coleslaw	loaded potato skins
pulled pork	[Soured cream & cheese topping]
fries	roast potatoes
corn on the cob	onion rings

STEAKS FROM THE CHARGRILL

All served with your choice of fries or roast potatoes & salad or vegetables & a crispy onion ring

SIRLOIN [300g / 10oz] <i>Cut from the large back muscle - juicy & flavoursome with some marbling, leaner than the ribeye with a fuller flavour than the fillet. A great all-rounder! <u>Prime aged for 21 days</u></i>	29.95
FILLET [300g / 10oz] <i>Cut from the lower middle back - the fillet muscle does the least work, providing the most tender, lean cut with a smooth texture & very little fat. <u>Prime aged for 21 days</u></i>	35.95
T-BONE [26g / Big appetite required] <i>A well-marbled cut from the short loin - this cut consists of two meaty, tender steaks (tenderloin & strip), connected by the infamous T-shaped bone. All the flavour of a sirloin with the tenderness of a fillet. <u>Please allow time for the cooking of this steak</u></i>	38.95

SAUCES

PEPPERCORN SAUCE : £3.95	DIANE SAUCE : £3.95	JACK DANIELS SAUCE : £3.50
HENRY VIII SAUCE : £3.95	GARLIC BUTTER : £3.95	LOUISIANA HOT SAUCE : £3.50

PLEASE MAKE YOUR SERVER AWARE IF YOU HAVE ANY ALLERGIES! OUR COMPREHENSIVE ALLERGEN LIST CAN BE VIEWED ON REQUEST. DISH DESCRIPTIONS DO NOT LIST EVERY INGREDIENT & DUE TO THE PRESENCE OF NUTS ON THE PREMISES, NUT TRACES MAY BE FOUND IN ANY DISH. ALL WEIGHTS DENOTED ARE APPROXIMATE AT UNCOOKED WEIGHT. ALL PRICES INCLUDE VAT AT 20%.

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