

Starters

Garlic Bread	5.95
Pizza base with tomato, cheese & garlic.	
Soup of the Day	4.50
All the best from the chef's stock pot.	
Prawn Cocktail	6.50
The best of Norwegian prawns served on a crisp lettuce salad with a Marie Rose sauce.	
Moules Mariniere	6.95
Cooked in white wine with onions, cream & garlic, sprinkled with parsley.	
King Prawns	6.95
Served with garlic butter or in a tempura batter, with a plum sauce.	
Creamy or Battered Mushrooms	4.95
Button mushrooms cooked in a creamy garlic sauce, or deep fried mushrooms in hot garlic butter.	
Calamari	5.95
Seasoned squid rings, deep fried & served with garlic butter.	
Chicken or Haddock Goujons	5.95
Strips of fresh chicken or haddock, deep fried in a light batter & served with garlic, BBQ or tartare sauce.	
Olives & Houmous	5.50
Marinated olives, served with houmous & flatbread.	
Potato Skins	4.95
Served with garlic or BBQ dip.	
Half Rack of Ribs	6.95
Baby back ribs in BBQ sauce, served with coleslaw.	
Chicken Wings	5.95
With Jack Daniels, BBQ or Louisiana Hot Sauce.	
Duck Spring Rolls	4.95
Crispy shredded duck spring rolls with hoisin sauce.	
Caesar Salad	4.50
Cos lettuce, shaved parmesan, anchovies & croutons with a classic Caesar dressing.	
Bruschetta	4.95
Toasted bruschetta topped with onions, tomatoes & mozzarella, drizzled with a balsamic glaze.	
Nachos	4.95 / 8.95 (share)
Corn tortillas topped with onions, peppers, jalapeños & melted Monterey Jack cheese.	
Loaded Nachos	5.95 / 11.95 (share)
Corn tortillas topped with either fajita chicken or BBQ pulled pork, peppers, onions, jalapeños & melted Monterey Jack cheese.	
CP's BBQ Combo for 2	10.95 (share)
BBQ ribs, chicken wings & potato skins.	

Mexican

Fajitas	14.95
Chicken, beef or both, marinated in fajita spices, stir-fried with peppers & onions. With tortillas, salsa, guacamole, sour cream & grated cheddar.	
King Prawn Fajitas	15.95
King prawns marinated in fajita spices, stir-fried with peppers & onions. With tortillas, salsa, guacamole, sour cream & grated cheddar.	
Cajun Chicken	12.95
Tender chicken breast dusted with Cajun spices, served on a hot skillet with onions & creole sauce.	
Blackened Steak	19.95
Sirloin steak dusted with Cajun spices & served on a hot skillet with onions & creole sauce.	
Cajun Salmon	14.95
Salmon steak lightly dusted in Cajun spices, oven baked & served with creole sauce.	

Pasta

Spaghetti Bolognese	8.95
Our classic Italian bolognese sauce! Beef, tomato, mushrooms, garlic, onions & red wine.	
Lasagne	8.95
Layers of pasta, our classic bolognese sauce & béchamel, topped with cheese & oven baked.	
Tortellini Bolognese	8.95
Pasta shells filled with spinach & ricotta in bolognese sauce. Topped with mozzarella & gently baked.	
Spaghetti Carbonara	9.95
Served with bacon in a creamy sauce with mushrooms, black pepper & parmesan cheese.	
Penne Arrabiata	9.95
Penne pasta in a spicy tomato, chilli & garlic sauce with pepperoni, olives & diced onion.	
Penne Alfredo	9.95
A cream & cheese sauce with chicken, bacon & broccoli.	
Penne Con Pollo	9.95
A plum tomato sauce with chicken, pesto, garlic & a touch of cream.	
Tagliatelle with Salmon	9.95
Ribbons of pasta with smoked salmon in a light cream & parsley sauce.	
Tagliatelle with King Prawns	13.95
Ribbons of pasta with king prawns in a tomato, basil & garlic sauce with a touch of cream.	



Free Wifi

CENTRAL PARK

- Est. 1979 -

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Healthy Options

Chargrilled Chicken	10.95
Lightly seasoned chargrilled chicken breast, served with fries or roasties & green leaf salad with our house vinaigrette or vegetables.	
Grilled Chicken & Chorizo Salad	12.95
Chargrilled chicken breast & grilled chorizo served on a green leaf salad & house vinaigrette.	
Naked Chicken Burger	10.95
Stacked chargrilled chicken, bacon, lettuce, tomato & onion. All the fun without the bun.	
Chicken Caesar Salad	12.95
Chargrilled chicken breast served on a bed of cos lettuce, shaved parmesan, anchovies & croutons with our creamy Caesar dressing.	
Blackened Steak Salad	13.95
Strips of sirloin steak, marinated in Cajun spices & lightly grilled. Served on a green leaf salad with our house vinaigrette.	
Poached Salmon Steak Salad	14.95
Poached salmon steak served on a green leaf salad with our house vinaigrette.	

Pizza

Margherita	7.95
Tomato, mozzarella & extra virgin olive oil.	
Diavola	8.95
Tomato, mozzarella, chorizo, red onions & basil.	
Vegetarian	8.95
Tomato, mozzarella, sweet peppers, mushrooms, red onions, courgette, fresh basil & extra virgin olive oil.	
Calzone	9.95
Folded pizza stuffed with mozzarella, ham, mushrooms & onions. Served with tomato or bolognese sauce.	
Central Park	9.95
Tomato, mozzarella, pepperoni, mushrooms, onions, roasted peppers, ham, fresh basil & extra virgin olive oil.	
San Danvele	9.95
Tomato, mozzarella, parma ham, rocket, parmesan shavings & extra virgin olive oil.	
Nduja	9.95
Tomato, mozzarella, spicy Calabrian pork sausage & red onions.	
Funghi	8.95
Tomato, mozzarella & mushrooms.	
Bronx	9.95
Tomato, mozzarella, pepperoni, peppers & tobasco.	
Americana	9.95
Tomato, mozzarella, salami, parmesan & basil.	
Toscana	9.95
Tomato, mozzarella, salami, peppers & onions.	
Formaggi	9.95
Tomato, mozzarella, Danish blue & ricotta cheese, with parmesan shavings, basil & olive oil.	
Tonno	9.95
Tomato, mozzarella, tuna, red onions, black olives, cherry tomatoes, basil & olive oil.	

From the Sea

Served with roasties or fries & salad or vegetables.

Salmon Steak	14.95
Gently baked salmon served with a tangy lemon dressing & runny poached egg.	
Whitby Scampi	11.95
Deep fried scampi tails in breadcrumbs, served with tartare sauce, salad & chunky chips.	
Seabass	13.95
Lightly grilled & served in a tomato, red onion, garlic & chorizo sauce.	
Haddock & Chips	12.95
Fresh haddock in a homemade crispy batter with chunky chips & mushy peas.	
Moules & Frites	13.95
Fresh mussels poached in white wine with onions, cream & garlic, served with fries & crusty bread.	
King Prawns	14.95
Succulent king prawns served in hot garlic butter, or lightly battered with a plum sauce. Served with salad & crusty bread.	

MONDAY
TO
SATURDAY

HAPPY HOUR MENU AVAILABLE

Orders must be placed before 6:30pm | Unavailable in December & Bank/Public Holidays

12PM
TO
6:30PM

The Famous Parmesans

Choice of chicken or pork.

Served with roasties or fries & salad or vegetables & garlic mayo or chilli sauce.

Original Parmesan *half 9.95 / full 13.95*

Breadcrumbs chicken breast or pork fillet, deep fried, topped with béchamel sauce & cheese then lightly grilled.

Hotshot Parmesan *half 10.95 / full 14.95*

The original parmesan with a spicy topping, finished with pepperoni & jalapeños.

Zacharoff *half 9.95 / full 13.95*

Breadcrumbs chicken breast or pork fillet, deep fried & served in a tomato sauce with mushrooms, onions, peppers, ham, garlic, red wine & cream.

Parmo & Spag Bol *13.95*

An old favourite, a small parmesan on one side & our delicious spaghetti on the other. *Belissimo!*

Half Parmo & Half Ribs *14.95*

A small parmesan on one side & a half rack of our famous sticky BBQ ribs on the other.

Chicken Marashala *half 9.95 / full 13.95*

Breadcrumbs chicken breast topped with cheese & served in a tomato, white wine & cream sauce.

Pulled Pork Parmesan *half 10.95 / full 14.95*

Breadcrumbs pork fillet or chicken breast, deep fried, topped with béchamel sauce, slow cooked BBQ pulled pork & cheese then lightly grilled.

Create Your Own *half 11.95 / full 14.95*

Topped with any of the following toppings; pepperoni, mushrooms, garlic butter, pineapple, jalapeños, chilli, chorizo, peppers or onions.

Vegetarian Parmesan *available*

Gluten Free Parmesan *12 hour notice*

House Specials

Served with roasties or fries & salad or vegetables.

Peppered Chicken *13.95*

Chicken breast in our homemade "Au Poivre" sauce, served with rice.

Sicilian Chicken *14.50*

Chicken breast in tomato & curry sauce with prawns.

Chicken Diane *13.95*

Chicken breast topped with our homemade diane sauce of onions, mushrooms, french mustard & red wine.

Henry VIII Chicken *14.50*

Chicken breast in a creamy curry sauce with peppers & pineapple, served with rice.

Homemade Chicken Kiev *13.95*

Our homemade breadcrumb chicken breast stuffed with garlic, then deep fried & topped with hot garlic butter.

Hickory Chicken *13.95*

Chicken breast topped with bacon, mushrooms, BBQ sauce & Monterey Jack cheese.

Peppered Pork *12.95*

Tender pork fillet gently grilled, served with our homemade "Au Poivre" sauce & rice.

Hickory Pork *12.95*

Grilled pork topped with bacon, mushrooms, BBQ sauce & Monterey Jack cheese.

Pork Diane *12.95*

Pork fillet topped with our homemade diane sauce of onions, mushrooms, french mustard & red wine.

THE MEAT & GRILL CO.

Flame Grilled Hanging Kebabs

Hanging from a skewer with roasted vegetables, chunky chips, flat bread, tzatziki & Greek salad.

Choose from: Teriyaki, Peppered, Sweet Chilli, Garlic Butter, JD or Louisiana Hot Sauce.

Beef Kebab *16.95*

Chicken Kebab *14.95*

Halloumi Kebab *12.95*

Mixed Kebab *16.95*

Beef, chicken & king prawns.

OUR HOUSE SPECIALITY

From the Oak Burning Smoke Pit

Let There Be Meat

We have an amazing smoking oven...we love it! This love goes into all of our ribs & pulled pork. We cook our produce low & slow to give you an intense smoky flavour.

The smoking process produces a pinkish smoke ring to our ribs.

We swear it's not undercooked;

It's true barbecue!

The Ribs & Pulled Pork

Dry rubbed & marinated for 24 hours in our blend of herbs & seasonings. Smoked low & slow over hickory chips for an intense smoky flavour.

With your choice of 2 sides.

Choose from; fries, roasties, coleslaw, onion rings, corn on the cob, onion loaf & potato skins filled with sour cream & cheese.

Baby Back Ribs *half 9.95 / full 15.95*

Sweet & tender pork ribs, smoked low & slow then smothered in our BBQ sauce.

North Carolina Pulled Pork Sandwich *9.95*

Tender shoulder of pork gently pulled & cooked low & slow for 14 hours. Served with coleslaw, lettuce, onion, tomato & fries.

Baby Back Ribs & Pulled Pork *13.95*

Half rack of sweet & tender pork ribs, smoked low & slow then smothered in our BBQ sauce. Accompanied by a portion of our sticky pulled pork.

Baby Back Ribs & Wings *13.95*

Half rack of sweet & tender pork ribs, smoked low & slow then smothered in our BBQ sauce. Accompanied by a portion of our chicken wings.

Steaks from the Grill

Served with roasties or fries, salad or vegetables & a crispy onion ring.

Sirloin Steak *19.95*

(300g / 10oz) Prime aged sirloin steak, chargrilled to your liking. Aged for 21 days.

Fillet Steak *22.95*

(300g / 10oz) The most tender cut of meat. Aged for 21 days. Grilled just the way you like it.

Blue Mountain Steak *21.95*

Prime aged 10oz sirloin steak topped with melted blue cheese.

T-Bone Steak *23.95*

This 26oz steak requires a big appetite! Cut fresh from the joint every day in the CP kitchen. Please allow time for the cooking of your steak.

Surf & Turf *23.95*

10oz fillet steak & king prawns served with hot garlic butter.

Sauce: Peppercorn / Diane / Cafe de Paris / Mushroom *2.50*

Classic Burgers

Prepared fresh in our kitchen from 100% prime beef with a touch of seasoning, served in a toasted bun with sliced tomato, lettuce, red onion, pickles & chunky chips.

Classic Burger *200g 8.95 / 400g 11.95*

Keep it simple with a delicious flame grilled burger.

Cheeseburger *200g 9.50 / 400g 12.50*

Topped with your choice of cheese: CP's original cheese sauce, cheddar, blue or Monterey Jack.

Cheese & Bacon *200g 9.75 / 400g 12.75*

Topped with CP's original cheese sauce & bacon.

Piggy Back Burger *200g 10.95 / 400g 12.95*

Topped with CP's pulled pork, cheddar cheese & finished with a crispy onion ring.

BBQ Cheese & Bacon *200g 9.95 / 400g 12.95*

Topped with crispy bacon, cheddar cheese & our tangy BBQ sauce makes this a CP favourite.

Murder Burger *200g 10.95 / 400g 13.95*

Topped with cheese, bacon, mushrooms, onions, a fried egg, mayo, mustard, a ketchup relish & finished with a crispy onion ring.

Pit Burger *200g 10.95 / 400g 12.95*

Topped with pulled pork, smoked bacon, melted cheese, BBQ sauce & finished with a crispy onion ring.

Chicken Burgers

All of our chicken burgers are served in a toasted bun with sliced tomato, red onion, lettuce, mayo, pickles & chunky chips.

Classic Chicken Burger *9.95*

Lightly battered chicken breast, simple!

Chicken Burger with Cheese *10.95*

Classic chicken burger topped with your choice of cheddar, blue or Monterey Jack cheese.

BBQ Chicken Burger with Cheese & Bacon *11.95*

Lightly battered chicken breast, crispy bacon, cheddar cheese & tangy BBQ sauce.

Pulled Pork Chicken Burger *11.95*

Lightly battered chicken breast topped with pulled pork.

Extras { Garlic Bread 5.95 / Giant Onion Rings 2.75 / Onion Loaf 4.95 / Mushrooms 2.75 / Roasties 2.75 / Chunky Chips 2.75 / French Fries 2.75 / Sweet Potato Fries 2.75 / BBQ 1.00 / JD Sauce 2.50 / Peppercorn Sauce 2.50 / Henry VIII Sauce 2.50 / Diane Sauce 2.50 / Marashala Sauce 2.50 / Zacharoff Sauce 2.50 / Garlic Butter 2.50 / Coleslaw 1.95

We do not accept individual payments for group parties

If you are allergic to any of our ingredients, please inform us & we can let you see our comprehensive allergen list for each dish. Dish descriptions do not list every ingredient & due to the presence of nuts in our restaurant, there is a possibility that nut traces may be found in any of our dishes. *All meal weights denoted are approximate & uncooked. Prices are inclusive of VAT.