

GLUTEN FREE MENU

Starters

Olives & Houmous	5.50
Nachos	4.95
Loaded Nachos	5.95
Fajita Chicken or Pulled Pork.	
King Prawns	6.95
Served in garlic butter.	
Moules Mariniere	6.95
Half Rack Ribs	6.95
Potato Skins	4.95
Garlic or BBQ dip.	
Chicken Wings	5.95
Jack Daniels, BBQ or Louisiana Hot Sauce.	

Chicken Dishes

Hickory Chicken	13.95
Chargrilled Chicken	12.95
Grilled Chicken & Chorizo Salad	13.95
Naked Chicken Burger	11.95

Seafood

Salmon Steak	14.95
Poached Salmon Steak Salad	14.95
Cajun Salmon	16.95
Moules & Frites	14.50
King Prawns	16.95
Served in garlic butter.	
Seabass	15.95

Steaks

Served with roasties or GF fries & salad or vegetables.*

Blackened Steak Salad	13.95
Blackened Steak	20.95
Sirloin Steak	21.95
Fillet Steak	23.95
Blue Mountain Steak	23.95
T-Bone Steak	25.95
Surf & Turf	24.95

Pasta

*Any pasta from the main menu with Gluten Free penne pasta.
Excludes Lasagne, Tortellini Bolognese & Tortellini Gratinati.*

Pizza

*Any pizza from the main menu with a Gluten Free base.
Excludes Calzone & Vegetarian Calzone.*

Burgers

*Served in a toasted Gluten Free bread bun with sliced tomato,
lettuce, red onion, pickles & a portion of chunky chips*.*

*Choose any classic burger from the main menu.
Excludes chicken & veggie burgers.*

Kebabs

*Served with Gluten Free bread, Greek salad, a portion of
chunky chips & a choice of Garlic Butter, Garlic Mayonnaise,
Sweet Chilli, BBQ, Jack Daniels or Louisiana Hot sauce.*

Choose Chicken, Beef, Mixed, Halloumi or Veggie.

Parmesans

*Please note, we require a minimum of 12 hours' notice if you
would like a Gluten Free Parmesan.*

A Gluten Free version of any Parmesan from the main menu.

Ribs & Wings

Served with your choice of two sides; GF fries, roasties, coleslaw,
corn on the cob & potato skins filled with sour cream & cheese.*

Baby Back Ribs	half 9.95 / full 16.95
Ribs / Pulled Pork	14.95
Ribs / Wings	14.95

Extras

Roasties* 2.75 / Chunky Chips* 2.75
Sweet Potato Fries 2.75
Mushrooms 2.75 / Coleslaw 1.95
GF Fries 2.75

Desserts

Crème Brûlée	5.95
Eton Mess	5.95
Homemade Gluten Free Cheesecake	5.95

Ask a member of staff for today's special!

* Please note that roasties & chunky chips are par-fried in the same oil as Gluten containing products unless we are given a minimum of 12 hour's notice.