

# GLUTEN FREE MENU

## Starters

Olives & Houmous	5.50
Nachos	4.95
Loaded Nachos	5.95
Fajita Chicken or Pulled Pork.	
King Prawns	6.95
Served in garlic butter.	
Moules Mariniere	6.95
Half Rack Ribs	6.95
Potato Skins	4.95
Garlic or BBQ dip.	
Chicken Wings	5.95
Jack Daniels, BBQ or Louisiana Hot Sauce.	

## Chicken Dishes

Hickory Chicken	13.95
Chargrilled Chicken	10.95
Grilled Chicken & Chorizo Salad	12.95
Naked Chicken Burger	10.95

## Seafood

Salmon Steak	14.95
Poached Salmon Steak Salad	14.95
Cajun Salmon	14.95
Moules & Frites	13.95
King Prawns	14.95
Served in garlic butter.	
Seabass	13.95

## Steaks

*Served with roasties\* or GF fries & salad or vegetables.*

Blackened Steak Salad	13.95
Blackened Steak	19.95
Sirloin Steak	19.95
Fillet Steak	22.95
Blue Mountain Steak	21.95
T-Bone Steak	23.95
Surf & Turf	23.95

## Pasta

*Any pasta from the main menu with Gluten Free penne pasta.  
Excludes Lasagne, Tortellini Bolognese & Tortellini Gratinati.*

## Pizza

*Any pizza from the main menu with a Gluten Free base.  
Excludes Calzone & Vegetarian Calzone.*

## Burgers

*Served in a toasted Gluten Free bread bun with sliced tomato,  
lettuce, red onion, pickles & a portion of chunky chips\*.*

*Choose any classic burger from the main menu.  
Excludes chicken & veggie burgers.*

## Kebabs

*Served with Gluten Free bread, Greek salad, a portion of  
chunky chips & a choice of Garlic Butter, Garlic Mayonnaise,  
Sweet Chilli, BBQ, Jack Daniels or Louisiana Hot sauce.*

*Choose Chicken, Beef, Mixed or Halloumi.*

## Parmesans

*Please note, we require a minimum of 12 hours' notice if you  
would like a Gluten Free Parmesan.*

*A Gluten Free version of any Parmesan from the main menu.*

## Ribs & Wings

*Served with your choice of two sides; GF fries, roasties\*, coleslaw,  
corn on the cob & potato skins filled with sour cream & cheese.*

Baby Back Ribs	half 9.95 / full 15.95
Ribs / Pulled Pork	13.95
Ribs / Wings	13.95

## Extras

Roasties\* 2.75 / Chunky Chips\* 2.75

Sweet Potato Fries 2.75

Mushrooms 2.75 / Coleslaw 1.95

GF Fries 2.75

## Desserts

Crème Brûlée	5.95
Eton Mess	5.95
Homemade Gluten Free Cheesecake	5.95

Ask a member of staff for today's special!

\* Please note that roasties & chunky chips are par-fried in the same oil as Gluten containing products unless we are given a minimum of 12 hour's notice.